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| **Eàrr-ràdh 10C** |  | Appendix 10C |
| **BOCSA CIAD-FHUASGLAIDH** |  | **FIRST AID KIT** |
| Bheir mi sùil air na tha anns a’ bhogsa ciad-fhuasglaidh agam gach mìos. Bu chòir gum bi na rudan seo na bhroinn:   * Plàstairean (hypo-allergenic no micropore mar a bhios iomchaidh). Plàstairean gorma airson Sàbhailteachd Bìdh * Padaichean Sùla * Bannan-leighis (*bandages*) triantach * Prìnichean-banaltraim * Ìocan-chomhdach (*dressings*) meadhanach * Ìocan-chomhdach mòra * Miotagan aon turas * Siosar * Bannan-leighis crepe * Eadar-sgaoileadh (*solution*) salainn   Ceann-latha: ………………………………… |  | I will check the contents of my First Aid box monthly.  Contents should include the following:   * Plasters (hypo-allergenic or micropore as required). Blue plasters for Food Safety. * Eye Pads * Triangular bandages * Safety Pins * Medium Dressings * Large Dressings * Disposable gloves * Scissors * Crepe bandage * Saline solution   Date: ………………………………… |