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| **Eàrr-ràdh 31** | Appendix 31 |
| **Poileasaidh Airson An Taigh-Bhig / Badain** | Toileting / Nappy Changing Policy |
| Cumar ris na modhan-obrach a leanas gus dèanamh cinnteach gun gabhar ealla ris na tha pàrantan ag iarraidh tachairt nuair a dh’fheumar clann òga a thoirt don taigh-bheag, nuair a tha aodach glan a dhìth orra às dèidh tubaist bhig, no nuair a tha clann feumach air badain ghlan.  Tha mi a’ creidsinn sa phrionnsapal, ‘a’ coileanadh na tha ceart airson gach pàiste’, agus ann a bhith a’ dèanamh cinnteach gu bheil a h-uile pàiste Sàbhailte, Fallain, A’ Soirbheachadh, A’ Faotainn Taic, Dèanadach, A’ Faotainn Spèis, Cunntachail agus A’ Gabhail Làn Chom-pàirt (SHANARRI).   * Nì mi cinnteach gu bheil an uidheamachd is na stuthan a tha dhìth ann airson badan no aodach glan a chur air clann, me, brat-bhadan, wipes, pocannan airson bhadan salach. * Thèid clann a bhrosnachadh gu bhith a’ cumail ri deagh chleachdaidhean a thaobh slàinteachais, leithid a’ nighe an làmhan, msaa. * Bidh uidheamachd, leithid steapa agus suidheachan-pàiste airson toidhleit ri fhaotainn, airson clann a chuideachadh gus a bhith cho neo-eisimeileach ’s as urrainn dhaibh. * Bu chòir uiread prìobhaideachd ’s as urrainn a thoirt do chloinn daonnan nuair a thig e gu cùisean co-cheangailte ris an toidhleat. * Thèid ath-sgrùdadh is ùrachadh a thoirt air na modhan-obrach co-cheangailte ris an toidhleat gach bliadhna.   **Thèid badain ghlan a chur air clann a rèir an stiùiridh aig an NHS air slàinte is slàinteachas mar a leanas:**   * Tha e riatanach gun dèanar cinnteach gun tèid badain ghlan a chur air clann agus gum faighear cuidhteas an fheadhainn shalach ann an dòigh shlàinteachail. * Feumaidh an t-àite airson badain ghlan a chur air clann a bhith fa leth bho àiteachan far am bithear ag ullachadh biadh, agus àiteachan airson cluich is ithe. Bu chòir brat-bhadan a chleachdadh daonnan, bu chòir dha a bhith mìn, neo-shùighteach agus furasta a ghlanadh. * Cuiribh còmhdach a ghabhas a chaitheamh air falbh (roile-pàipeir) air an àite far a bheil sibh a’ dol a chur  a’ phàiste no glan e às dèidh gach turas a chleachdas sibh e. * Cuiribh miotagan oirbh a ghabhas caitheamh air falbh às dèidh dhuibh na stuthan a dh’fheumas sibh fhaighinn agus mus tòisich sibh a’ cur badan glan air a’ phàiste. * Cuiribh am badan salach ann am poca-badain fa leth mus cuir sibh sin ann am biona sa bheil poca plastaig mar lìnigeadh. Bu chòir mullach tèarainte a bhith air a’ bhiona, a ghabhas fosgladh le casachan. (Bu chòir gach badan a chur am broinn dà phoca). * Bu chòir badain a ghabhas nighe a chur gu dìreach ann am poca plastaig airson a thoirt do na pàrantan. Faodar *faeces* cruaidh sam bith a th’ ann a chur don toidhleat. * Na toiribh sgoladh do agus na nighibh badain a ghabhas nighe uair sam bith, thoradh tha cunnart ann gun tèid bitheagan a sgaoileadh leis na boinnean uisge a thèid mu sgaoil. * Cuiribh badan glan air a’ phàiste. Ma thathar a’ cleachdadh cè, bu chòir do na pàrantan an cè a sholarachadh agus bu chòir an cè a chleachdadh air pàiste nam pàrantan sin a-mhàin. * Thoiribh dhibh na miotagan às dèidh dhuibh am badan a chur air falbh agus am pàiste a nighe. * Cuiribh an tubhailt-pàipeir, a chleachd sibh gus an t-àite a chòmhdach far an do chuir sibh badan air a’ phàiste, don bhiona. * Glanaibh an t-àite far an do chuir sibh badan air a’ phàiste le stuth glanaidh no anti-bacteriach agus tiormaichibh an t-àite. Air no, faodaidh sibh wipe freagarrach a chleachdadh. * Nighibh ur làmhan. | The following procedures will be followed to ensure that the wishes of parents can be taken into account when young children need to be taken to the toilet, need to be changed in case of accidents, or with children who may need nappies changed.  I believe in ‘getting it right for every child’ ensuring that all children are Safe, Healthy, Achieving, Nurtured, Active, Respected and Responsible and Included. (SHANARI)   * I will provide the necessary equipment to enable children to be changed e.g. changing mat, wipes, nappy sacks. * Children will be encouraged to follow good hygiene habits, such as washing hands, etc. * Equipment, such as a step and training toilet seat, will be available to help children to be as independent as possible. * At all times children should be given as much privacy as possible throughout the toileting process. * The toileting procedure will be reviewed and updated annually.   **Children will be changed as recommended in the NHS guidelines on health and hygiene as follows:**   * It is essential to ensure that nappies are changed and disposed of hygienically. * The nappy changing area must be separate from food preparation, play and eating areas. A changing mat should be used at all times, it should be smooth, non-absorbent and easy to clean. * Place a disposable covering (paper roll) on the area where you will place the child or sanitise after every use. * Put on disposable gloves after gathering the necessary resources before commencing the nappy changing routine. * Dispose of soiled nappy into an individual nappy sack before placing into a bin lined with a plastic liner. The bin should have a secure lid, and be operated by a foot pedal. (All nappies should be double-bagged). * Non-disposable nappies should be placed directly into a plastic bag to give to parents. Solid faecal matter may be disposed of into the toilet. * Never rinse or wash non-disposable nappies because the risk of splashing may cause microbes to spread. * Put a clean nappy on the child. If creams are used they should be supplied by parents and be for individual use only. * Remove gloves after disposing of nappy and cleaning the child. * Dispose of paper towel used for covering the changing area. * Clean changing area using a detergent spray or an anti-bacterial agent and dry surface. Alternatively an appropriate wipe may be used. * Wash your hands. |